

答えはすべて答案用紙に記入しなさい。

I. 各文の空所にそれぞれの語群イ～ニから最も適切な語(語句)を一つ選び、記号で答えなさい。

1. The safety of both our customers and employees _____ always our top priority.
イ. is ロ. are ハ. be ニ. were
2. _____ the Grand Opening of our store, all visitors can enjoy free coffee and snacks.
イ. During ロ. When ハ. While ニ. In
3. A list of available goods can be found on our web site, _____ is updated daily.
イ. it ロ. which ハ. this ニ. what
4. Lynes Stewart, a famous novelist, _____ professionally since ten years ago.
イ. writes ロ. will write
ハ. has been writing ニ. is writing
5. _____ there is anything we can help you with before you arrive, please let us know.
イ. Because ロ. If ハ. While ニ. As
6. The Diamant Art Museum in Amsterdam _____ its doors to the public in two weeks.
イ. reopened ロ. reopens
ハ. has reopened ニ. will reopen
7. When your _____ presentation time is over, you could enjoy the virtual chat with other conference attendees.
イ. schedule ロ. scheduled
ハ. scheduling ニ. to schedule
8. Ms. Robert, the owner of the Riverside Café, makes it a point to design all the flyers _____.
イ. themselves ロ. itself ハ. herself ニ. himself
9. _____ the growing popularity of online learning, many teachers are still unsure of its effectiveness.
イ. In spite of ロ. Because of
ハ. According to ニ. Instead of
10. The new factory will bring _____ 20 new full-time jobs to the local community.
イ. at least ロ. at hope ハ. at best ニ. at better

Ⅱ. それぞれの語群イ～ニから、各文の下線部を適切に説明できる表現を一つ選び、記号で答えなさい。

1. The cashier was very kind. She even gave me a coupon for my next purchase.
 - イ. A piece of paper which allows the user to buy a product at a reduced price.
 - ロ. A piece of paper which proves the financial ability of the user.
 - ハ. A piece of paper which gives permit to the user to enter a public building.
 - ニ. A piece of paper which explains how to operate a machine.

2. The rules about street parking in the downtown area are not clear enough.
 - イ. The campus of a university
 - ロ. The basement of a building
 - ハ. The countryside region
 - ニ. The central part of a city

3. The headquarters of the company is situated in New York.
 - イ. The biggest branch
 - ロ. The human resources department
 - ハ. The main office
 - ニ. The warehouse

4. Because of the bad weather, the annual track and field competition was canceled.
 - イ. The inconvenience of the coach
 - ロ. The conditions in the air above the earth
 - ハ. The undesirable economic growth
 - ニ. The terrible traffic situation

5. These two smartphones look similar, but they are functionally different.
 - イ. Look almost the same
 - ロ. Different in popularity
 - ハ. Of the same quality
 - ニ. At the same price

Ⅲ. 次の各日本文と同じ意味になるように、()の中の語を適切な順序に並べ替えなさい。

1. 彼は外国語習得の才能が全くない。
(languages / talent / he / acquiring / foreign / no / has / for).
2. 両親は庭いじりを大きな喜びにしている。
(a great deal of / in / parents / joy / gardening / my / find).
3. 日一日と寒くなっています。
(day / getting / colder / by / is / day / it).
4. どちらの本も若者の役に立つだろう。
(useful / books / of / be / the / will / either) for young people.
5. ほとんどの人々は AI 翻訳機がどうやって翻訳するのか知らない。
Most people do not (work / know / translators / how / AI).

Ⅳ. 次の英文を読んで、各設問の答えとして正しいものをそれぞれの語群イ～ニから一つ選び、記号で答えなさい。

Do you feel like you are constantly under pressure? Do you find yourself feeling overwhelmed and stressed out? (1). Stress is a part of our everyday lives, and it can be difficult to manage sometimes. However, there is one solution that can help you relax and de-stress: meditation.

Meditation is the habitual process of training your mind to focus and redirect your thoughts. The popularity of meditation is increasing as more people discover its many health benefits. You can use it to increase awareness of yourself and your surroundings. Many people think of it as a way to reduce stress and develop concentration. People also use the practice to develop other beneficial habits and feelings, such as a positive mood and outlook, self-discipline, healthy sleep patterns, and even increased pain tolerance.

Meditation has been proved to be an effective way to reduce stress. It can help to calm the mind and body, and it is a great way to focus on the present moment. When you meditate, you can let go of all your (2), and simply focus on your breath. Meditation is a great way to de-stress, and (3) anywhere at any time.

To get started with meditation, find a quiet place where you can sit or lie down (4). Close your eyes and begin to focus on your breath. Breathe in slowly through your nose, filling up your lungs. Then, breathe out slowly through your mouth. Continue breathing deeply and slowly for several minutes. Focus on nothing but your breath, and let all your other thoughts fade away. If you find your mind wandering, simply redirect your focus back to your breath. After a few minutes of meditation, you should feel more relaxed and at ease. The next time you're feeling stressed out, try meditating for a few minutes. You may be surprised at how effective it can be!

There are many different types of meditation, so you can choose the one that works best for you. Some people prefer to meditate with guidance from an audio recording or a teacher. (5) prefer to do it on their own. There are even apps that can help you meditate! Experiment until you find the method that works best for you.

Meditation is a simple and effective way to reduce stress. So next time when you're feeling overwhelmed, try meditating for a few minutes. You may be surprised at how much better you feel afterwards!

設問1 What is suggested in this article about meditation and stress?

- イ. You must sit straight up and close your eyes while meditating.
- ロ. You can meditate in many ways and do it at home by yourself.
- ハ. You should only think about happy things in your daily life in order to forget worries.
- ニ. You have to hide your true feelings to get rid of your stress.

設問2 Choose the best answer for (1).

- イ. If so, you're not alone.
- ロ. Nothing can make us feel frustrated.
- ハ. Go to see a doctor right away and take medicines.
- ニ. Don't worry. You will become stronger after rests.

- 設問3 What does “self-discipline” mean in the following underlined sentence in Paragraph 2?
People also use the practice to develop other beneficial habits and feelings, such as a positive mood and outlook, self-discipline, healthy sleep patterns, and even increased pain tolerance.
- イ. The willingness to join an organization and become a member.
 ロ. The ability to control one’s feelings and overcome one’s weaknesses.
 ハ. The good luck of being chosen as a qualified candidate in an election.
 ニ. The idea of earning a great amount of money through investment.
- 設問4 Choose the best answer for (2).
- イ. sadness and happiness ロ. regret and love
 ハ. worries and concerns ニ. smiles and hugs
- 設問5 Choose the correct answer for (3).
- イ. it is doing ロ. it does ハ. it can be done ニ. it has done
- 設問6 Choose the correct answer for (4).
- イ. comfort ロ. comforting ハ. comfortable ニ. comfortably
- 設問7 According to the article, which is NOT the correct description about meditation?
- イ. During meditation, all you pay attention to is your breath.
 ロ. Don’t meditate at a crowded and noisy place.
 ハ. You have to learn meditation from a teacher.
 ニ. Meditation is good for both the body and the mind.
- 設問8 Choose the correct answer for (5).
- イ. Other ロ. Another ハ. The other ニ. Others
- 設問9 What does “overwhelmed” mean in the following underlined sentence in the last paragraph?
So next time when you’re feeling overwhelmed, try meditating for a few minutes.
- イ. The feeling of getting confused in daily life.
 ロ. The feeling of having to change one’s decision suddenly.
 ハ. The feeling of being overpowered by thoughts and emotions.
 ニ. The feeling of helplessness when seeing someone in trouble.
- 設問10 What is the best title for this article?
- イ. Let’s Meditate!
 ロ. How To Become Stress-free?
 ハ. Stress is Everywhere
 ニ. Try To Be Stress Out!